

Screen Free Fridays: What will we do today?

Key Stage: EYFS

Date of activities: Friday 12th February

Morning Activity (STEM/Investigations based):	Activity guidance:	What will we need?
Go for a nature walk.	Go for a walk to get some exercise and notice the nature in the world around you. Can you see evidence of nature in unexpected places? Can you find natural objects to take home and use for art or animal habitats? As you walk around, notice what is special about the world at this time of year. How can you tell it is winter? Looking closely at similarities and differences in the world around us is how all scientists start their investigations. There is lots of evidence that getting outside is great for health and wellbeing.	Here are some ideas to live up winter walks with young children from the Woodland Trust. Download some nature spotting guides for ideas of what to look out for. Spot animals and birds using these guides.
Afternoon Activity	Activity guidance:	What will we need?
(Creative/Physical/Play/Exploration based):		
Design a bird house or feeder	Birds need a little help in winter. Can you design a home or feeder for birds? You could even try to make a simple one. Think about what birds like to live in and eat and draw a home for them. Using your imagination to create plans is an important step in mark making and expressive art.	Pencil and paper. Try these guides for designing and making your: Bird house Bird feeder
Nature patterns	Use the objects that you found on your walk to make repeating patterns. Try stick - leaf - stick - leaf, for example. Can you continue or copy the pattern? Can	Collect sticks, leaves, conkers, chestnuts, stones or feathers on your walk and bring them home to make patterns.



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you change it? Can you see any patterns in the items that you collected?	
Patterns are the foundation of mathematics. Noticing, identifying, copying and continuing repeating patterns is a strong indicator of future mathematical understanding and so an important skill to develop.	