

# Week 1 Menu

25/04/22 / 16/05/22 / 06/06/22 / 27/06/22 / 18/07/22

	Monday	Tuesday	Wednesday	Thursday	Friday
Pitch's choice - vegetarian	Quorn Sausage & Onion Gravy	Vegetable Quesadilla	Roasted Quorn Fillet & Gravy	Macaroni Cheese	Falafel & Sweet Potato Hummus Salad Wrap
Patch's choice	Sausage & Onion Gravy	Spaghetti Bolognaise	Roast Gammon	Shepherdess Pie	Fish Finger Bap
Carbohydrates	Mashed Potato	Wholemeal Penne Pasta	Roasted Potatoes	Half Jacket Potato	Oven Baked Chips
Vegetables	Broccoli Garden Peas	Sweetcorn Roasted Peppers	Fresh Glazed Carrots Savoy Cabbage	Broccoli Sweetcorn Mixed Salad	Garden Peas Baked Beans Mixed Salad
Pudding	Chocolate & Kale Brownie Selection of Fresh Fruit & Yoghurts	Honey Krispie Cake Selection of Fresh Fruit & Yoghurts	Peach Crumble & Ice Cream Selection of Fresh Fruit & Yoghurts	Apple Shortbread Fresh Fruit Wedges Selection of Fresh Fruit & Yoghurts	Mango Frozen Yoghurt Selection of Fresh Fruit & Yoghurts



**AVAILABLE DAILY:** Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

**Future 50** Contains one or more of the top 50 most sustainable foods in the world!

**Vegetarian** **Vegan** **Organic**  
For allergen content please speak to member of staff who will be happy to assist



## #Inspire Challenge Achieve

# Week 2 Menu

02/05/22 / 23/05/22 / 13/06/22 / 04/07/22 / 25/07/22

	Monday	Tuesday	Wednesday	Thursday	Friday
Pitch's choice - vegetarian	Vegan Meatballs 	Spinach, Potato & Chickpea Curry 	Vegetarian Sausages 	Quorn Sausage Pattie Burger 	Vegetable Plait 
Patch's choice	Sticky Honey Glazed Chicken Thigh	Wholemeal Cheese & Tomato Pizza	Roast Turkey	Oven Baked Katsu Chicken Curry	Oven Baked Breaded Fish
Carbohydrates	Wholemeal Penne Pasta 	Garlic Bread & Braised Rice 	Roasted Potatoes	Boiled White or Brown Rice	Oven Baked Chips
Vegetables	Roasted Vegetables Mixed Salad	Coleslaw	Garden Peas Fresh Carrots & Cauliflower	Broccoli Florets Sweetcorn	Garden Peas Carrots Baked Beans 
Pudding	Watermelon Lollies Selection of Fresh Fruit & Yoghurts	Apple Crumble & Custard Selection of Fresh Fruit & Yoghurts	Chocolate Sponge & Chocolate Sauce Selection of Fresh Fruit & Yoghurts	Freshly Made Vanilla Cookie Selection of Fresh Fruit & Yoghurts	Bananas & Custard Selection of Fresh Fruit & Yoghurts

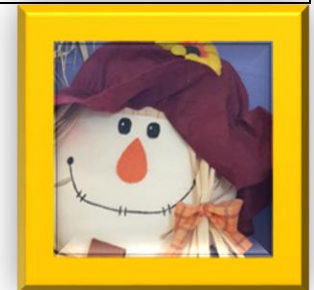


**AVAILABLE DAILY:** Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

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#Inspire Challenge Achieve

# Week 3 Menu

09/05/22 / 30/05/22 / 20/06/22 / 11/07/22

	Monday	Tuesday	Wednesday	Thursday	Friday
Pitch's choice - vegetarian	Vegan Potato & White Bean Chilli	Southern Baked Quorn Burge, Bun & Salad	Lentil Sausage Roll	Roasted Vegetable Wholemeal Pasta Bake	Quorn Dippers
Patch's choice	BBQ Chicken Thigh	Pulled Chicken Burger	Roast Beef	Cauliflower & Broccoli Crunchy Cheese Bake	Oven Baked Fish Fingers
Carbohydrates	Wholemeal Penne Pasta	Half Jacket Potato	Roasted Potatoes	Garlic & Parsley Bread	Oven Baked Chips
Vegetables	Green Beans Sweetcorn	Roasted Sweetcorn Broccoli Florets	Roasted Carrots Roasted Parsnips	Roasted Peppers Garden Peas	Garden Peas Baked Beans
Pudding	Fresh Oat and Lemon Cookie Selection of Fresh Fruit & Yoghurts	Raspberry Jelly Selection of Fresh Fruit & Yoghurts	Chocolate Bread & Butter Pudding Selection of Fresh Fruit & Yoghurts	Apple & Sultana Crumble & Ice Cream Selection of Fresh Fruit & Yoghurts	Frozen Mango Sorbet Selection of Fresh Fruit & Yoghurts



**AVAILABLE DAILY:** Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

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Vegetarian Vegan Organic  
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## # Inspire Challenge Achieve