

Week 1 Menu

20/11/2023 / 11/12/2023 / 01/01/2024 / 22/01/2024 / 04/03/2024 / 25/03/20

	Monday	Tuesday	Wednesday	Thursday	Friday
Pitch's choice - vegetarian	Shepherdess Pie	Cheese & Tomato Quesadilla	Vegetarian Ribs Flatbread	Teriyaki Noodles & Edamame Beans	Veggie Nuggets
Patch's choice	Chicken Bake	Chicken Burger	Roast Turkey	Margherita Pizza	Fish Fingers
Carbohydrates	Mashed Potato	Rice	Roasted Potatoes	Onion Focaccia Slice	Oven Baked Chips
Vegetables	Roasted Carrots	Green Beans	Winter Vegetables	Sweetcorn	Garden Peas Baked Beans
Pudding	Iced Carrot Cake Selection of Yoghurts/ Fruit	Flapjack Selection of Yoghurts /Fruit	Plum Pudding Cake Selection of Yoghurts / Fruits	Jelly Crunch Pot Selection of Yoghurts/ Fruit	Vanilla Ice Cream Selection of Yoghurts/ Fruit



AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

Future 50 Contains one or more of the top 50 most sustainable foods in the world!
Vegetarian **Vegan** **Organic**
For allergen content please speak to member of staff who will be happy to assist



#Inspire Challenge Achieve

Week 2 Menu

06/11/2023 / 27/11/2023 / 18/12/2023 / 08/01/2024 / 29/01/2024 11/03/2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Pitch's choice - vegetarian	Vegan Sausage & Gravy	Chickpea & Coconut Curry & Rice.	Roasted Vegetable Tart	Vegetable & Mozzarella Traybake	Vegan Katsu with Chips
Patch's choice	Pork Sausage	Crispy Noodles	Roast Gammon	Mild Chicken Curry	Oven Baked Fish
Carbohydrates	Mashed Potato	Garlic & Parsley Bread	Roasted Potatoes	Rice	Oven Baked Chips
Vegetables	Red Cabbage	Stir Fried Vegetables	Fresh Cabbage & Carrots	Roasted Cauliflower	Garden Peas Baked Beans
Pudding	Vegan Sweet Potato & Ginger Cake Selection of Yoghurts / Fruit	Apple Shortbread, Selection of Yoghurts / Fruit	Berry Crumble. Selection Yoghurts / Fruits	Chocolate & Beetroot Cake. Selection of Yoghurts / Fruit	Carrot & Apple Muffin Selection of Yoghurts / Fruit



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Week 3 Menu

13/11/2023 / 04/12/2023 / 15/01/2024 / 05/02/2024 / 26/02/2024 / 18/03/2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Pitch's choice - vegetarian	Sweet Potato Calzone Pizza  	Barley & Vegetable Risotto  	Mediterranean Bake 	Vegetarian Sausage & Bean Hotpot 	Japanese Veggie Pancake & Soy Sauce  
Patch's choice	Cajun Chicken	Pasta Bolognese	Roast Turkey	Ratatouille Pasta Bake 	Oven Baked Fish
Carbohydrates	Baked Potato Wedges 	Garlic & Onion Focaccia Slice 	Roasted Potatoes 	Jacket Potato 	Oven Baked Chips 
Vegetables	Roasted Sweetcorn 	Panzanella Salad, Croutons & Dressing 	Carrots & Steamed Greens 	Braised Peas 	Garden Peas Baked Beans 
Pudding	Gainsborough Tart, Selection of Yoghurts/ Fruit 	Cherry Cinnamon Pudding, Selection of Yoghurts / Fruit 	Baked Rice Pudding, Selection of Yoghurts / Fruit 	Sticky Orange Cake, Selection of Yoghurts /Fruit 	Chocolate Pots, Selection of Yoghurts / Fruit 



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 **Vegetarian**  **Vegan**  **Organic**
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